

DINNER

Bigfoot's STEAKHOUSE

SEASIDE, OR

Lunch
Menu
Available
11-4

MENU

Legend of Ape Canyon

The Mt. St. Helens area is said to be inhabited by large, hairy, ape-like creatures.

In 1924, a group of miners working a mine on the east side of Mt. St. Helens returned to their homes in Longview with stories of being attacked by mysterious apemen. It seems that while in their cabin, "huge creatures being at least seven feet tall and covered with long black hair", showered them with large boulders. The next morning they encountered the creatures and shot at them. One of the creatures was believed slain, but its body rolled over a cliff and into a deep ravine, destined to be known as Ape Canyon.

Search parties were immediately mobilized from the Longview area to visit the mountain region to seek out the headquarters of the apemen. These parties, however, found no trace of the apemen, but did find the cabin with huge boulders around it and the inside torn to shreds.

Gorg Totsit, editor of the Red American, a weekly Hoquiam publication, published an explanation of the legend of the apes several years ago. He said these creatures were the ferocious Selahtik Indians, a tribe of renegade marauders, much like giant apes in appearance, living like animals in caves in the the High

Ape Canyon is located on the southern end of the Plains of Abraham. From Timberline Campground, on Mt. St. Helens' north side, follow Timberline Trail #240 over Windy Pass to Pine Creek Trail #234. Follow Trail #234 south for two miles.

—The Legend of Ape Canyon and the incident with the miners in 1924 is today included in official US Forest Service literature.



Bigfoot Restaurant Passes Hurdle

1998—Sightings of the elusive creature "Bigfoot" in South Seaside may be increasing in the near future, compliments of the Seaside Planning Commission.

Meeting Wednesday evening at City Hall, the commission approved landscape and access review provisions for Bigfoot's Pub 'n Grub, to be located in the old Birdwell Motors building at 2427 S. Roosevelt, next to Motel 6.

The proposed restaurant and pub plans to feature a statue of Bigfoot outside in front of the business.

Conditions of approval included provisions for landscape maintenance, lighting, underground utilities and access for the site.

—By Jerry Ruecker of the Seaside Signal, July 1998

Bigfoot Lobbies His Case

SALEM (UPI)—The House voted yesterday to try to provide some protection for Bigfoot, and the legendary creature was so impressed he showed up to watch the proceedings.

Rep. Ted Kulongoski, D-Junction City, sponsor of the resolution, struggled to regain his composure and speak on behalf of the measure while Bigfoot, or someone purporting to be the normally elusive creature, sat at Kulongoski's desk on the House floor.

Kulongoski delivered his arguments in the form of a poem about Bigfoot's origins, and then responded to some not-too-serious questions and the issue was put to a vote. The resolution passed 33-19, and now goes to the Senate.

The measure urges educational institutions in Oregon to try to document the existence and habits of Bigfoot, also known as Sasquatch, and urges state agencies whose personnel are likely to encounter the creature, to establish procedures in the event of such an encounter. The public is urged to use caution and care to insure the preservation of the species.

Shortly after the vote, Bigfoot left the floor, presumably to begin lobbying members of the Senate.

Kulongoski, an attorney who has received mail and calls from around the nation as a result of the resolution, denied that the measure was the "cornerstone of my legislative program this session."

—Seattle Post-Intelligencer June 1977

APPETIZER EXPEDITION

Wings of Fire	\$6.95
Hot wings tossed in Red's hot sauce with bleu cheese dressing	
Crab Stuffed Mushrooms	\$8.95
Mushrooms stuffed with crab and Mornay sauce. Delicious!	
Steak Fingers with Jack Daniel's BBQ Sauce	\$7.95
Tender finger sized steak pieces battered and fried.	
Roasted Elephant Garlic	\$6.95
With pesto cream cheese and balsamic vinaigrette with grilled sour dough croustinis	
Breaded Mozzarella Cheese Sticks	\$5.95
Mozzarella cheese sticks with Italian breading and marinara sauce	
Bruschetta	\$6.95
Grilled sourdough bread topped with fresh chopped tomato, red onion, garlic, basil and olive oil, feta cheese and a dash of aged balsamic vinegar.	
Hot Crab & Artichoke Dip	\$8.95
Cream cheese, crab, artichokes and Parmesan with grilled sour dough croustinis	
Onion Rings	\$4.95
Sweet onions in homemade beer batter	
Snowshoes	\$5.95
Taco meat, Cheddar cheese and green onions in potato skins with sour cream and salsa	
Three Cheese Bread	\$4.95
Cream cheese, Cheddar, Parmesan, garlic and broiled 'til bubbly	
Oyster Shooters	\$1.50
In cocktail sauce with lemon wedge	

BIGFOOT'S SAMPLER \$9.95

Onion Rings
Cheese Sticks
Poppers • Wings
Snowshoes

YETI'S MOUNTAIN OF NACHO'S \$8.95

Chips, taco meat, cheese, tomatoes, olives, onions, black beans, sour cream and guacamole

Prices subject to change.

BIGFOOT'S COLOSSAL JUMBO PRAWN COCKTAIL \$12.95

•

BUCKET OF STEAMER CLAMS \$13.95

2 lbs. of succulent steamer clams in a fresh herb garlic butter broth served with grilled garlic toast.

ATM MACHINE & VIDEO LOTTERY IN OUR LOUNGE

Visa, MasterCard & American Express gladly accepted.

—Sorry, no personal checks.

15% gratuity added for groups of 8 or more—18% gratuity added for groups of 20 or more



Please Note: Requested entree splits \$3.00
—extra plate, no charge.
15% gratuity added to group of 8 or more.
18% gratuity added to group of 20 or more.

(503) 738-7009
2427 S. Roosevelt, Seaside, Oregon
Between Motel 6 & Microtel on Hwy. 101

BURGERS

Served with your choice of Fries, Broccoli Salad or Potato Chips

Bigfoot Cheddar Cheeseburger \$6.95

1/2 lb. all beef patty, Tillamook Cheddar cheese, lettuce, tomato, onion and Yeti sauce. **ADD BACON \$1.00**



32 oz. Yeti Special Burger \$10.95

1 lb. ground beef, ham, bacon, egg, Cheddar and Swiss cheeses, lettuce, tomato, onion and Yeti sauce.

FYI: Yeti, or Abominable Snowman, of the Nepal Himalaya, Metakangni/Tibetan, Shookpa/Nepalese

Yeti's Chicken Strips

Chicken tenderloins deep-fried and served with ranch dressing and your choice of Fries, Broccoli Salad or Potato Chips. **\$8.95**

For your sweet tooth . . .

Layered Strawberry White Cake frosted with cream cheese. **\$4.95**

New York Style Cheesecake with strawberries & whipped cream. **\$4.95**

Bigfoot Brownie with vanilla bean ice cream, whipped cream & Hershey's syrup! **\$4.95**

Try our fresh, house-brewed coffee for a perfect finish to your meal!

We may have other dessert selections, ask your server if these aren't your delight.

Bigfoot's STEAKHOUSE

SANDWICHES

Served with your choice of Fries, Broccoli Salad or Potato Chips

Footstep Prime Rib Sandwich 8 oz. \$11.95

Served on hearth baked sourdough bread.

Sasquatch Clubmarine \$8.95

Sub-style clubhouse with turkey, ham, Cheddar and Provolone cheeses, bacon, lettuce and tomato.

New York Open Face Steak Sandwich \$10.95

Marinated charbroiled strip loin on grilled sourdough loaf with chipotle sauce, lettuce, tomato, and red onion.

For the smaller appetite **APPETITE TRACKERS**

Chicken Quesidilla \$7.95

Grilled sundried tomato tortilla, stuffed with chicken, cheese, green onion and black olives served with guacamole, sour cream and salsa.

8 oz. Primo Rib Dinner \$14.95

Served with garden salad, fresh vegetables, choice of Potato or rRce

2 pc. Halibut Fish & Chips \$6.95

Served with fries, broccoli salad and garlic toast.

Clam Strips—1/2 Order \$6.95

Served with fries, broccoli salad and garlic toast.

Wilderness Wild Green Chicken Salad \$8.95

Chicken tossed with chopped celery, onion, Mandarin oranges, and cashews in a roasted garlic mayonnaise dressing over a bed of wild greens.

Treehouse Salad \$4.95

Broccoli, raisins, water chestnuts, bacon, sunflower seeds, and red onion.

Li'l Foot Vittles

Li'l Foot's Burger & Smiley Fries

. . . add cheese 50¢

Kraft Macaroni & Cheese

Corn Doggie & Smiley Fries

Chicken Strips with Ranch Dressing & Smiley Fries

Grilled Cheese Sandwich & Smiley Fries

Deep Fried Cheese Burger Stick with Smiley Fries

Garden Salad with Cup of Soup-of-the-Day

To Drink:

Pepsi, Diet Pepsi, Dr. Pepper, Sierra Mist, Mtn. Dew **\$1.50**

Bottled Root Beer **\$2.50**

Hot Chocolate, Lemonade or small milk **\$1.50**

Strawberry Lemonade (includes one refill) **\$1.75**

Strawberry Banana Sasquatch Smoothie **\$3.50**

\$3.95

Kids under 10 years old



Li'l Bigfoot

SEASIDE, OR

Your Name: _____

A BEASTLY PROFILE Sasquatch at a glance, based on decades of alleged sightings and centuries of American Indian stories. • **Height:** 6 to 12 ft. • **Weight:** up to 2,000 lbs. • **Footprint:** Commonly 15-22 in. long and 7-10 in. wide. • **Diet:** Omnivore (eats any sort of food). • **Habitat:** Primarily the Pacific Northwest, including the forests of Northern California, Idaho, Oregon, Washington and British Columbia. • **Population:** Possibly up to 2,000. • **Behavior:** Considered shy, elusive, migratory and gentle, but they can be provoked to violence. There are a few tales of them kidnapping, attacking and killing humans.

—The Field Guide to North American Monsters, by W. Haden Blackman; "Sasquatch/Bigfoot" by Don Hunter with René Dahinden; Union-Tribune research.

SASQUATCH SEAFOOD, CHICKEN & PORK SPECIALTIES



— Served with —
Garden Salad, Honey Wheat Loaf,
Fresh Vegetable and choice of Fries, Rice
Baked Potato, or Garlic Mashed Potatoes

Pan Fried Halibut or Salmon served with Oregon Chardonnay dill sauce	\$14.95
Hazelnut Crusted Halibut topped with a delicate Frangelico sauce	\$15.95
Parmesan Crusted Jumbo Prawns served with fresh Key Lime pepper sauce	\$18.95
Grilled Oysters Panko breaded grilled and served with remoulade sauce	\$15.95
Charbroiled Porterhouse Pork Chop with caramelized onions and applesauce	\$14.95
Grilled Chicken Teriyaki or Jack Daniels BBQ Chicken our juicy broiled chicken breast basted with your choice of flavors.	\$10.95

and

Bigfoot's Colossal Clam Strips	\$10.95	} served with fries, broccoli salad & garlic toast.
Halibut Fish & Chips	\$10.95	
Broasted Chicken	\$8.95	

Specially prepared in our pressure broaster to seal in the juices!

Hiker Convinced He Saw Bigfoot!

Selma—(THE ASSOCIATED PRESS) Grants Pass psychologist Matthew Johnson insists he's not crazy, even when he tells people that he heard, smelled and saw the Northwest's mythical Bigfoot while hiking Saturday with his family at the Oregon Caves National Monument.

"It was very tall, it was very hairy," Johnson said. "It was nothing else but a Sasquatch. I swear to God."

Johnson said he was squatting in the woods near one of the monument's back woods trails when he spotted the creature standing upright about 60 feet away, hiding behind a tree and spying on his wife and three children.

He said that shortly before the sighting, his family had just detected a pungent, musky scent on the trail and heard some deep, guttural groans in the woods nearby, as if the sound was following them. "I lived a lot of years in Alaska," Johnson said. "I've been chased by a grizzly bear. This was no bear."

Johnson said he ran off to get his family and report the sighting to monument rangers.

Rangers checked the area Sunday and found "nothing unusual," monument Superintendent Craig Akerman said.

But the incident has caught the attention of Bigfoot researchers in Northern California, who spent part of Monday retracing the Johnson family's steps along the monument's Big Tree Trail.

Johnson said the researchers, accompanied by a monument ranger, found some partial prints in the area.

Bigfoot, or Sasquatch, are the names given to a large, hairy, ape-like creature reportedly living clandestinely in the woods of the Northwest.

This was the first known report of a Sasquatch sighting at the monument, Akerman said.



BIGFOOT'S BEEF STROGANOFF

Tender beef strips sauteed with mushrooms and onions in a cream demiglace sauce tossed with fettuccine and topped with a dollop of sour cream. Served with fresh salad and honey wheat loaf.

\$12.95

MRS. FOOT'S CHICKEN STIR FRY

Tasty combination of seared chicken breast with broccoli, celery, red onion, sweet red bell pepper and roasted cashews served over steam white rice. Served with fresh salad and honey wheat loaf.

\$11.95

PASTA SELECTIONS

Served with Garden Salad and Honey Wheat Loaf

Chicken Fettuccine chicken, mushrooms and fresh spinach tossed in a creamy Alfredo sauce	\$12.95
Pasta Primavera rainbow penne pasta, fresh vegetables with olives, garlic and white wine in an Alfredo sauce	\$11.95
Chicken Linguini and Pine Nuts fresh chicken breast, Spinach, diced Roma tomato and fresh basil garlic with Fetta cheese and toasted pine nuts. Finished in an Oregon Chardonnay butter sauce layed over the top of linguini noodles	\$12.95
Pesto Rubbed, Charbroiled Salmon or Halibut topped with charbroiled tomatoes served over fettucini Alfredo	\$14.95

SEAFOOD LINGUINI

Tiger Prawns, Sea Scallops, Halibut and Salmon, diced tomatoes, mushrooms, and broccoli sauteed in an Oregon Chardonnay seafood butter sauce. Served with fresh garden salad and honey wheat loaf.

\$19.95



15% gratuity added for groups of 8 or more.
18% gratuity added for groups of 20 or more.
Entrée splits \$3.00—extra plate, no charge.



Prices subject to change.



STEAKS

Midwestern Corn-Fed Angus Beef

—Right from the heart of beef country where conditions are ideal for raising the highest quality cattle. Grain-feeding gives beef superior marbling which makes it the most tender and tastiest beef anywhere—in other words, juicy & flavorful.

Premium beef absolutely perfect in flavor, color and texture to suit your taste and appetite.



House Favorite!

JIMMY'S COWBOY 10 OZ. TRI-TIP

Pepper Steak with a Mushroom Bernaise Sauce

Served with garden salad, Honey Wheat Loaf and choice of Garlic Mashed Potatoes, Ripe, Baked Potato or Fries.

\$15.95

Little Valley Petite Sirloin 6 oz. **\$13.95**

Aged and hand carved center cut steak.

Trail's End Porterhouse 18oz. **\$24.95**

The original trail rider's favorite.

Tenderfoot Filet Mignon 9 oz. **\$22.95**

Our leanest and most tender steak—bacon wrapped!

Ridgetop Ribeye 14 oz. **\$20.95**

Renowned for it's flavor.

Big River New York Strip 12 oz. **\$20.95**

The urban Bigfoot's favorite—Thick & Juicy!

Sasquatch Top Sirloin 10 oz. **\$16.95**

A true tradition of excellence.

Served with Garden Salad, Honey Wheat Loaf and choice of Garlic Mashed Potatoes, Rice, Baked Potato or Fries

—Add Mushroom Bernaise Sauce, Sauteed Mushrooms or Cajun Seasoning to any steak for \$1.50 each.

PRIME RIB

"Slowly roasted to perfection every night."

10 oz. Lil' Foot Cut
\$16.95

14 oz. Bigfoot Cut
\$20.95

Served with Garden Salad, Honey Wheat Loaf, and choice of Garlic Mashed Potatoes, Rice, Baked Potatoe or Fries.



SALADS

Chof's Salad \$8.95

Fresh greens with turkey, ham, Cheddar and Swiss cheeses, tomato, egg, olives and pepperocini.

Caesar Salad \$6.95

Crispy romaine lettuce tossed with creamy Caesar dressing, fresh shredded Parmesan and croutons . . . add Chicken \$2.00

Blackened Salmon Caesar \$11.95

Crispy romaine lettuce tossed with creamy Caesar dressing, fresh shredded Parmesan and croutons topped with a thick slice of delicious blackened salmon.

Spinach Salad with Hazelnuts \$7.95

Spinach with tomato, bacon, egg, Parmesan, mushrooms and chopped hazelnuts, served with raspberry vinaigrette.

Garden Salad \$2.95

Greens with carrots, purple onion, cucumber and tomato.

GARDEN VEGETABLE SAUTE \$11.95

Fresh seasonal vegetables sauteed in Oregon Chardonnay, butter basil and garlic and served over rice pilaf. Honey wheat loaf, too!

Scratch Recipe Soup Cup \$1.95

Bowl \$2.95

Our Own Homemade

Clam Chowder Cup \$2.95 • Bowl \$3.95

THE WATERING HOLE

Pepsi or Diet Pepsi	\$1.50	Lemonade	\$1.50
Sierra Mist	\$1.50	Strawberry Lemonade	\$1.75
Dr. Pepper	\$1.50	—includes one refill	
Mt. Dew	\$1.50	Milk-Small	\$1.50
Bottled Root Beer	\$2.50	Milk-Large	\$1.95
Strawberry Sasquatch Smoothie	\$3.50	Hot Chocolate	\$1.50
		Iced Tea	\$1.25
		Coffee or Tea	\$1.25

Side of: Fries, Baked Potato or Garlic Mashed Potatoes \$1.95 • Honey Wheat Loaf Bread \$1.50

How would you like your steak?

- RARE** Cool red center
- MEDIUM RARE** Warm red center
- MEDIUM** Pink throughout
- MEDIUM WELL** Thin line of pink
- WELL DONE** No pink, No taste, No tenderness—(You're on your own!)

Controversial Photo

Photographers Roger Patterson and Bob Gimlin made this image on October 20, 1967, during a horseback search in northern California for Sasquatch or Bigfoot. The film purportedly shows a female Bigfoot fleeing a streambed. It has largely withstood independent scrutiny and for many steeped in the lore of the man-beast, has become bedrock evidence of its existence.

"There's no way of really detracting from it," said Ray Crowe, president of the Western Bigfoot Society in Portland, Oregon. The image captured in the footage "has a fluid motion. It's a wild creature of nature."

"It was a hoax," said Cliff Crook, a longtime Bigfoot tracker who devotes rooms to Sasquatch memorabilia in his suburban home north of Seattle. "How can an artificial, manmade object end up on a Bigfoot?"

Crook bases his assertion on computer enhancements performed by Chris Murphy, a Bigfoot buff from Vancouver, British Columbia, who maintains he discovered an aberration in the footage in 1995 while helping his son, Daniel, prepare a class project.

Murphy used a color photocopier to duplicate a frame of the Patterson/Gimlin film. Zooming in again and again, Chris Murphy became suspicious. Something geometric—vaguely the shape of a bottle opener—seemed to take shape at Bigfoot's waist. Murphy maintains that four sequential computer-scanned frames of the film show the object in different positions, as if it were swinging. He theorizes something is cinching the sasquatch costume in place. Believers say it's matted feces.

"There are two witnesses (and) there are footprints," said Rene Dahinden, 68, a Richmond, British Columbia researcher who shares the film's copyright. "We've never had anything like it previously, or anything like it since."

The truth of the Patterson/Gimlin film remains as elusive as Bigfoot itself. Enthusiasts see the film as a building block for their faith.



Requested entree splits \$3.00 —extra plate, no charge.

Prices subject to change. Please Note: 15% gratuity added for groups of 8 or more — 18% gratuity added for groups of 20 or more